

ENGLISH TRANSLATION

Chapter : 13

13.1-4. *Vīryastambhakari Vaṭī* - 1

Take *candana*, *rūmī mastakī*, *nagakeśara*, *lavaṅga*, *kaṅkola*, *tulasī bīja*, *khurāsānī* (*ajamoda*), *ahiphena* (*śuddha*), *jāvitri*, *samudraśosa bīja*, *ākāraḥarabha*, *agaru*, *kuṅkuma* (*keśara*), *kaṅkola*, *vaṃśalocana* and *jātīphala* all in equal parts (i.e. one *tolā* each) make their fine powder, fill this powder inside the *nārikela* (coconut) and seal it. It is then heated (boiled) inside the boiling milk continuously for five days. On cooling take out the *nārikeṇaphalā* from the milk and take out powder from the coconut and grind it well with honey and prepare the balls/pills of *tolā* size (1/2 *tolā* size). It should be used internally in the evening or one and half hours before going to bed with milk. It sustains *seman* discharge for four *yāmas* (12 hours) during coitus (1-4).

13.5-7. *Śukrastambhakari Vaṭī* - 2

Take *lavaṅga*, *śuddha karpūra*, *jātīpatri*, *jātīphala*, *keśara*, *svaṛṇa bīja* (*dhattūrabīja*), *dhattūra patra*, *dhattūrapuṣpa*, and *mūla* and *tvak* of *samudraśoṣa* each in equal parts, grind all well together, also take *bhṛṅgī patra cūrṇa* purified in milk one part and *śuddha svarna gairika* powder one part. Now apply twenty one *bhāvanās* of *posta toya* (decoction prepared with *posta*) (opium covering). Triturate well and prepare its pills of one gram size. It is known as *śukrastambhakari vaṭī*-2. It may also sustain the discharge of *seman* for long time.

13.8-9. *Retah Stambhakari Vaṭī* - 3

Take *jātīphala*, *arka puṣpa*, *karahāṭa* (*ākāraḥarabha*), *lavaṅga*, *śuṅṭhī*, *kaṅkola*, *keśara*, *pappalī* and *candana* all in equal parts, *ahiphena* (purified in milk) equal to all, and *śveta abhraka bhasma* equal to *ahiphena*, grind all together with honey and prepare their pills of two gram size. It is known as *retah stambhakari vaṭī*-3. It should be used at night with hot buffalo milk. Its use helps the lustful persons to generate wonders in the minds of lustful ladies

during their sexual acts i.e. its use makes the men sexually very potent during the coitus with lustful young ladies, and makes them to feel highly satisfied in their sexual desires.

13.10-12. *Vīrya Staṁbhakarī Lepa Vaṭī* - 4

Take *śuddha ahiphena*, *śuddha hiṅgula*, *śuddha karpūra* and *karahāṭa* (*ākāarakarabha*) in equal parts, make their fine powder and grind with water and prepare the pills of *mudga* (green gram) size. It is known as *vīryastaṁbhakarī lepavaṭī*. It should be used as paste to apply on the penis after rubbing it with the *mukhatoya* (saliva of the mouth). After applying this paste if a person indulges in the coitus with the ladies sustains *seman* for half *yāma*. It is as true as the statement of a teacher (10-12).

13.13. *Śukra Staṁbhaka Cūrṇa* - 5

Take *posta* one *pala*, *śuṅṭhī* one *karṣa*, *sitā* (sugar) one *pala* and *tvak* one *karṣa*, prepare their powder and mix well. It is known as *śukrastaṁbhaka cūrṇa*. It may be used in two to four *māṣaka* dose with milk to sustain the *seman* for long time during coitus.

13.14-19. The Introduction and Family Background of the Author

It is claimed in the end of the thirteenth chapter of this text by the author, while introducing himself that he (Śrī Yaśodhara Bhaṭṭa) who is a poet, a Physician of high repute, and a very learned person has written this text (*Rasa Prakāśa Sudhākara*) for the pleasure and the happiness of the noble and learned persons and also to impart this knowledge to others, to fulfill the desires of the *śiṣyas* (disciples), to improve the knowledge and the earnings of the *vaidyas*, to induce the happiness in the diseased persons and to remove the meagreness and the poverty of the poor learned persons (14-18).

Further Śrī Yaśodhara Bhaṭṭa is son of Śrī Gauḍa Vaṁśīya Śrī Padmanābha Bhaṭṭa who is a devotee of Śrī Gangādhara (Lord Śiva), an expert of the vedic knowledge, and brāhmin by cast and who lived in an old fort of Junagarh situated in west Saurāṣṭra *pradeśa* of this country (19).